

ALARACT 065/2025

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From: ALARACT RELEASE AUTHORITY WASHINGTON DC

To: ALARACT

UNCLAS

SUBJ/ALARACT 065/2025 – UPDATE TO THE ARMY’S RESILIENCE PROGRAM
THIS ALARACT MESSAGE HAS BEEN TRANSMITTED BY JSP ON BEHALF OF
HQDA, DCS, G-9

1. (U) REFERENCES:

1.A. (U) AR 350-1, ARMY TRAINING AND LEADER DEVELOPMENT

1.B. (U) AR 350-53, COMPREHENSIVE SOLDIER AND FAMILY FITNESS

2. (U) APPLICABILITY: COMMANDERS AT ALL LEVELS.

3. (U) PURPOSE: TO CANCEL FUTURE MASTER RESILIENCE TRAINING COURSES AND ELIMINATE THE U.S. ARMY TRAINING AND DOCTRINE COMMAND (TRADOC) MASTER RESILIENCE TRAINING SCHOOL AND MASTER RESILIENCE TRAINER (MRT) REQUIREMENTS PRESCRIBED IN REFERENCES 1.A. AND 1.B.

4. (U) REFERENCE 1.A. WAS REVISED AND PUBLISHED 1 JUNE 2025 AND NO LONGER REQUIRES RESILIENCE TRAINING AS AN ARMY MANDATORY TRAINING REQUIREMENT. THE DEPUTY CHIEF OF STAFF (DCS), G-1, DIRECTORATE OF PREVENTION, RESILIENCE, AND READINESS (DPRR) IS UPDATING REFERENCE 1.B. TO REMOVE THE REQUIREMENT FOR MASTER RESILIENCE TRAINING. RESILIENCE TRAINING OF CORE COMPETENCIES WILL REMAIN.

5. (U) REVISION OF REFERENCES 1.A. AND 1.B. ALSO ELIMINATES THE REQUIREMENT FOR ACTIVE COMPONENT (AC) AND U.S. ARMY RESERVE (USAR) COMMANDERS TO APPOINT MRT GRADUATED PERSONNEL TO SERVE AS MRTS AT UNIT LEVEL. ALL MRT COURSES INCLUDING THE MRT-TRAINER (ASI 8R), MRT-FACILITATOR (ASI 8J), MRT-ASSISTANT PRIMARY INSTRUCTOR (ASI 8K), AND THE MRT-PRIMARY INSTRUCTOR (ASI 8L), AS WELL AS THE TRADOC MASTER RESILIENCE TRAINING SCHOOL ACTIVITIES, WILL BE DISCONTINUED UPON PUBLICATION OF THIS ALARACT. THE ARMY NATIONAL GUARD (ARNG) WILL CONTINUE TO TRAIN MRT PERSONNEL AND CONTINUE TO FACILITATE TRAINING ACTIVITIES AT FORT MCCOY THROUGH FISCAL YEAR (FY) 25. THERE WILL BE A PHASED-OUT APPROACH IN FY 26 TO ELIMINATE MRT TRAINING AND ALL MRT-RELATED ACTIVITIES FOR ARNG.

6. (U) RESILIENCE TRAINING (AC AND USAR), NOT TO INCLUDE MRT, WILL STILL BE AVAILABLE AT THE 33 READY AND RESILIENT PERFORMANCE CENTERS

WITH GUIDANCE FROM SENIOR COMMANDERS. THIS WILL BE OUTLINED IN FUTURE POLICY IN REFERENCE 1.B. AND CAN BE DELIVERED BY THE UNIT COMMANDER OR HIS OR HER DESIGNATED APPOINTEE.

7. (U) RESILIENCE TRAINING (ARNG), WILL STILL BE AVAILABLE AT FORT MCCOY READY AND RESILIENT SCHOOLHOUSE WITH GUIDANCE FROM SENIOR COMMANDERS. THIS WILL BE OUTLINED IN FUTURE POLICY IN REFERENCE 1.B. AND CAN BE DELIVERED BY THE UNIT COMMANDER OR THEIR DESIGNATED APPOINTEE.

8. (U) THE U.S. ARMY CENTER FOR INITIAL MILITARY TRAINING'S PREVENTION FORCE MODERNIZATION PROPONENT (PFMP) IS THE ARMY'S PROPONENT FOR RESILIENCE, TO INCLUDE RESILIENCE TRAINING. HEADQUARTERS, DEPARTMENT OF THE ARMY (HQDA), DCS, G-1, DPRR IS THE PROPONENT FOR RESILIENCE POLICY.

9. (U) POINTS OF CONTACT:

9.A. (U) HQDA, DCS, G-1, DPRR, EMAIL: USARMY.PENTAGON.HQDA-DCS-G-1.LIST.RESILIENCE-TRAINING@ARMY.MIL.

9.B. (U) TRADOC, PFMP, EMAIL: USARMY.JBLE.IMT.MBX.RESILIENCE@ARMY.MIL.

10. (U) THIS ALARACT MESSAGE EXPIRES ON 20 JUNE 2026.